An Examination of Obama’s Use of Hidden Hypnosis Techniques in His Speeches

THE EVIDENCE IS HERE: This document contains over 60 pages of evidence and analysis proving Barack Obama’s use of a little-known and highly deceptive and manipulative form of “hack” hypnosis on millions of unaware Americans, and reveals what only a few psychologists and hypnosis/NLP experts know.

Barack Obama’s speeches contain the hypnosis techniques of Dr. Milton Erickson, M.D. who developed a form of “conversational” hypnosis that could be hidden in seemingly normal speech and used on patients without their knowledge for therapy purposes. Obama’s speeches intentionally contain:

- Trance Inductions
- Hypnotic Anchoring
- Pacing and Leading
- Pacing, Distraction and Utilization
- Critical Factor Bypass
- Stacking Language Patterns
- Preprogrammed Response Adaptation
- Linking Statements/ Causality Bridges
- Secondary Hidden Meanings/Imbedded Suggestions
- Emotion Transfer
- Non-Dominant Hemisphere Programming

Obama’s techniques are the height of deception and psychological manipulation, remaining hidden because one must understand the science behind the language patterns in order to spot them. This document examines Obama’s speeches word by word, hand gesture by hand gesture, tone, pauses, body language, and proves his use of covert hypnosis intended only for licensed therapists on consenting patients. Obama’s mesmerized, cult-like, grade-school-crush-like worship by millions is not because “Obama is the greatest leader of a generation” who simply hasn’t accomplished anything, who magically “inspires” by giving speeches. Obama is committing perhaps the biggest fraud and deception in American history.

Obama is not just using subliminal messages, but textbook covert hypnosis and neuro-linguistic programming techniques on audiences that are intentionally designed to sideline rational judgment and implant subconscious commands to think he is wonderful and elect him President. Obama is eloquent. However, Obama’s subconscious techniques are shown to elicit powerful emotion from his audience and then transfer those emotions onto him, to sideline rational judgment, and implant hypnotic commands that we are unaware of and can’t even consciously question. The polls are misleading because some of Obama’s commands are designed to be triggered only in the voting booth on November 4th. Obama is immune to logical arguments like Wright, Ayers, shifting every position, character, and inexperience, because hypnosis affects us on an unconscious and emotional level. To many people who see this unaccomplished man’s unnatural and irrational rise to the highest office in the world as suspicious and frightening and to those who welcome it, this document uncovers, explains, and proves the deceptive tactics behind true “Obama Phenomenon” including why younger people are more easily affected.

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Skeptics will surely doubt the information provided in this document with four specific oppositions – each of which this document disproves.

These certain oppositions answered in this document are:

1. **Hypnosis isn’t real - hypnosis wouldn’t / doesn’t work on me**

Trance states of mind and enhanced suggestibility happen to everyone every day; driving in your car, in the elevator, watching T.V., or listening to music. This mild hypnotic state is all that is needed for Ericksonian techniques to implant hypnotic commands you are unaware of.

2. **Obama isn’t intentionally using mass hypnosis**

This document contains over a hundred examples of Obama’s specific language patterns and hypnosis techniques that follow textbook Ericksonian principles and characteristics too much to be coincidence.

3. **Obama’s popularity is not attributable to his use of hypnosis**

Young people and more educated people actually have lower hypnotic subconscious suggestibility thresholds for scientific reasons explained. Popular perceptions of Obama are provable as inconsistent with his accomplishments, history, background, and even what is heard from him consciously – however, they match perfectly with the messages he is caught sending intending to be received only subconsciously. People are admittedly mesmerized by him. The irrational rise to power of and uncanny passionate support for a logically unaccomplished and questionable man based on his speaking alone like the “Obama phenomenon” is widely accepted – only the rational explanation for it is missing. Finally, he would not continue to use these deceptive techniques if he did not believe they work.

4. **There is nothing unethical about Obama’s use of hypnosis**

The techniques used by Obama are the most deceptive forms of communication known to man. They sideline rational judgment and implant subconscious commands that change how people feel and behave without any awareness of the manipulation. Obama’s techniques overcome the will without convincing the judgment through trickery. Obama often says one message that you are aware of, meanwhile implants a different message hypnotically with double or hidden meanings. He conjures up emotions by talking about your children, and JFK, and then is caught transferring those feelings onto him with hidden hand gestures. He hides what he is doing and brazenly uses these techniques in front of millions of people over and over. Once explained, Obama’s actions can be shown to be the height of manipulation and deception.

IT IS STRONGLY RECOMMENDED THAT YOU READ THIS DOCUMENT IN ORDER, FROM BEGINNING TO END, AS DEFINITIONS ARE BUILT ON TOP OF ONE-ANOHER, AND UNDERSTANDING OF THESE DEFINITIONS IS NECESSARY TO FOLLOW LATER INTERPRETATIONS AND ANALYSIS
The level of deception involved in Obama’s use of covert hypnosis, and his presumption that he has the right to use hypnosis on us to gain votes is just unconscionable. It is not a connection to another person that he can deny. It is Obama’s own highly deceptive actions, provable once explained, on video, playable over and over. Obama is sidelining rational judgment and using undue influence to win over voters applying psychological subconscious manipulation like never before in American history.

No other argument against Obama can fundamentally change the way people feel about him deep down inside, EXCEPT, proof that precisely the way they feel about him deep down inside is because of Obama's own deception and use of hidden hypnosis. This is because exposing Obama’s use of hypnosis takes the people who are entranced by him subconsciously and emotionally, and puts the issue of why they feel that way on a conscious rational level where they can analyze it. It is the one thing that can fundamentally change the game, and shatter Obama’s magical immunity to all of his other faults, logical disqualifications, and deceptions. This can include the media changing their mind about Obama once they see who he really is and also helping to expose what Obama is doing in the interests of democracy. Many people do wake up from the effects of hypnosis once you tell them they have been hypnotized and explain what has happened to them. To a lot of people, it is just a missing piece of the puzzle that makes everything else make sense - almost as if it were the missing piece they were somehow even looking for on some level.¹

**PART 1 – HYPNOSIS BASICS**

*You must understand the basics of Ericksonian hypnosis to see what Obama is doing*

Almost nobody realizes what Obama is doing. These techniques are nearly impossible for an untrained person to detect. With the exception of a few trained experts in hypnosis, nobody understands even what to look for. It sounds in every way like ordinary powerful speech.

Hypnosis is not sleep, nor what is portrayed in movies. In order to spot what Obama is doing, one must first understand covert hypnosis and conversational hypnosis, and know how the science works. Only by knowing how hypnosis works will you see that Obama’s speech often diverges from normal and logical speech patterns, and clearly uses the non-logical, clearly artificial and intentional patterns of hypnotic trance induction, and hypnotic critical factor bypass as taught in the field of covert and conversational hypnosis. This document will explain what Obama is precisely doing and how it works by explaining hidden hypnotic language patterns and other hypnosis techniques, and pointing out these patterns and techniques in Obama’s speeches.

Obama is using textbook, clinical trance inductions in his speeches. Obama’s hypnotic techniques work on a subconscious level, and are designed so that people watching him in an audience or on TV are completely unaware of his techniques and their effects. Obama is using clear hypnotic anchoring, pacing and leading, and numerous other hypnosis techniques designed to take away our rational judgment in deciding for whom

¹ “The only thing you need to do to break a negative hypnotic spell that has been cast on you is begin to think rationally, to begin to think critically. And if you decide that you choose this message as one that’s good for you, by all means sit back, relax, and enjoy the ride. But, if you decide that this is not something you want to have in your life, just simply analyze it, criticize it, ridicule it, and say “Hey, that’s not how the world works.” And you’ll have protected your mind from taking on board something which you really don’t need.” The Power of Conversational Hypnosis, Clifford Mee and Igor Ledochowski, re the section entitled “The Dark Side of Hypnosis.”
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to vote in November. Not only is this the only explanation that makes sense for the amazing rise and
“Obama phenomenon” sweeping our nation, but the evidence is undeniable.

To say Obama’s amazing following and rise to power is simply because he is a great speaker is not logically
sufficient. Even if Obama were the greatest speaker to come along in 30 years, it still would not explain
why even being simply a great speaker would cause people to say he is the greatest “leader” of a generation,
or “sent by g-d” or “JFK” and why that he should be trusted to make decisions like he has never made in his
life, or that he will bring change when he hasn’t really changed anything in his 46 years. What he has done
does not logically fit how he is perceived. In fact, the gulf is too wide to be random unexplained
phenomenon. As shown, he does, however, use clever hypnosis techniques while discussing e.g. JFK to
subconsciously transfer feelings conjured up in his audience onto him through, e.g. flashed hand gestures
which appear innocent to uncritical observation.

Real “hypnosis” explained

Most people are hypnotized and fall into trance every day of their lives. It is a common, every day
occurrence, whether for a brief second, or minutes or longer. A very basic example is when you are driving
a car while in deep thought, and you suddenly realize you are much further along with no memory of
driving the whole distance. Another example, is when you are on an elevator watching the numbers change
and go into trance, and when everyone else gets off, you take that as a nonverbal suggestion to get off,
before you “wake up” and realize it is not your floor. This elevator example is an example of mass
hypnosis, where the close rapport with the hypnotist is not necessary, because many people are both
hypnotized partly by whatever is causing the trance, and partly by the fact that you are being “paced” or also
hypnotized by everyone else in the elevator doing the exact same thing as you. The reason you cry from
reading sad book simply by reading ink on paper is because of the mind’s interaction with that information,
which is also a hypnotic process.

Two separate definitions of “hypnosis”:

1. First, hypnosis, is “a particular altered state of hyper-suggestibility brought about in an individual by a
combination of relaxation, fixation of attention, and suggestion.”

2. Second, hypnosis is also “bypassing the ‘critical factor’ and setting up acceptable selective thinking.”
The “critical factor” is the conscious part of the brain that you think with that has the ability to make rational
logical judgments about what information is received. The critical factor acts as a filter, determining what

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2 Erickson maintained that trance is a common, everyday occurrence. For example, when waiting for buses and trains, reading or
listening, or even being involved in strenuous physical exercise, it's quite normal to become immersed in the activity and go into a
trance state, removed from any other irrelevant stimuli. These states are so common and familiar that most people do not

3 The Power of Conversational Hypnosis, Clifford Mee and Igor Ledochowski

4 Modern Hypnosis, Theory and Practice, Masud Ansari, Ph.D.

5 Killer Influence Secrets of Covert Hypnosis, by David X, Part 1, David X’s educational video, “How to Hypnotize with Covert
Hypnosis and Hypnotic Language” See video online, such as at: [http://www.revver.com/video/834827/how-to-hypnotize-with-

6 Killer Influence Secrets of Covert Hypnosis, by David X, Part 1
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can pass into the subconscious mind which is a non-rational computer-like system which accepts everything in it as absolute truth.\(^7\) That is why sidelining it is so dangerous.

Milton Erickson, had a broader definition of the unconscious mind, described as, “both the functioning of the dominant hemisphere of the brain that occurs below the level of awareness, as well as the functioning of the non-dominant hemisphere.” \(^8\)

Ericksonian trance induction has three dimensions which we will return to often and compare to Obama’s language patterns. They are:\(^9\)

1. Pacing and distraction of the dominant (language) hemisphere;
2. Utilization of the dominant hemisphere, language processing which occurs below the level of awareness;
3. Accessing of the non-dominant hemisphere;

This above three part process is extremely important to later analysis. Essentially, hypnosis is an altered and common state of mind involving intense focus, sidelining or disassociation of the rational critical thinking, and the state of hyper-suggestibility brought about while the subconscious mind is the dominant player.\(^10\) It happens while reading, listening to music, and even while hearing a great speaker.\(^11\)

However, the power of such methods is what is difficult to grasp. What we are talking about is “transformational linguistics” – language that literally changes who you are at your deepest levels, your deepest passions, drives, and emotions while you are completely unaware.

Under Freud, there is the conscious mind that you think with, called the “ego.” You also have a conscience, called the “super-ego.” Then, there is the largest part of the psyche, the id, which is the back-end of all our memory, our most basic instincts and drives, emotions, and suppressed desires.\(^12\) “The unconscious mind is the source of our energy, and no amount of conscious reasoning can override it. The unconscious mind is un-critical, it accepts as absolute truth any idea that is allowed to enter its computer-like system”\(^13\) The messages of hypnosis, including mass hypnosis, can be far more powerful than just someone’s conscious thoughts, as it affects their most basic biological drives and instincts.\(^14\) That is why many of Obama’s followers are so passionate for him, why they are fainting in his presence, comparing him to Jesus, and supporting him like no other candidate before.

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\(^7\) Killer Influence Secrets of Covert Hypnosis, by David X, Part 1
\(^8\) Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p13.
\(^9\) Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p13.
\(^11\) Roy Hunter, MS, CHt, cited at http://www.mychristiansite.com/personal/shilohcomes/hd.html
\(^12\) Modern Hypnosis, Theory and Practice, Masud Ansari, Ph.D., Ch3, Unconscious Mind and Hypnosis
\(^13\) Modern Hypnosis, Theory and Practice, Masud Ansari, Ph.D., Ch3, Unconscious Mind and Hypnosis, p43
\(^14\) The International Law of Propaganda, By Bhagevatula Satyanarayana Murty, discussing I.P. Pavlov, Conditioned Reflexes, an Investigation of the Physiological Activity of the Cerebral Cortex. (Such mass hypnosis is compared in psychological effect to “evoking responses that satisfy the drives of biological instincts.”)
Dr. Milton H. Erickson, also known as the father of modern hypnosis method, was the single greatest practitioner of hypnosis, having dramatically advanced the field. Dr. Erickson is internationally acclaimed as the leading practitioner in the field of hypnosis for his understanding of the science of both inducing and utilizing hypnotic states.

Dr. Erickson discovered while working as a therapist, that he could hide therapeutic hypnosis within the normal content of an inconspicuous conversation with the patient, and avoid much of the patient’s conscious resistance that normally accompanied hypnotherapy. Dr. Erickson realized the subconscious mind was always listening, and understood better than anyone before how to access it, and implant suggestions into it. What Dr. Erickson did was figure out how to put people into trance and hypnotize them and implant suggestions with seemingly normal conversation. He discovered that people could achieve this heightened state of hyper-suggestibility without the traditional difficulty-induced coma-like state traditionally associated with hypnosis. Though his pioneering understanding, he was able to do the same and much more often with simple plays on words and embedded meanings in a single sentence.

The entire field of “covert hypnosis”, or “conversational hypnosis” is based on Dr. Erickson’s techniques, and is now primarily used by hypnotists and psychiatrists. Conversational hypnosis is often referred to as Ericksonian hypnosis. The word “hypnosis” is never mentioned and there is nothing overt to give away that hypnosis is being used. It is impossible to detect unless you know precisely what to look for. Hack versions of these techniques are unfortunately taught to be used as persuasion tools for salespersons, and even more unfortunately also for men looking to enhance their success picking up and seducing with women.

The reason this is so unfortunate, is because covert hypnosis is designed to sideline rational judgment. That is fundamental to how it works; to bypass the dominant hemisphere and critical factor. It essentially tricks the subconscious mind into accepting commands as absolute truths which include not only those approved by the conscious mind, but outside commands from a hypnotist who can implant any suggestion he wishes. Dr. Erickson was adamant that only doctors be allowed to practice his techniques because of how strongly he felt about how dangerous such science could be in the wrong hands.

Subconscious suggestions are more powerful than even what the subject believes consciously – as such suggestions become parts of their deepest psyche. Because covert hypnosis is hidden in ordinary speech,

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15 Milton E. Erickson, often looked at as the father of modern day hypnosis understanding, was founding president of the American Society for Clinical Hypnosis and a fellow of the American Psychiatric Association, the American Psychological Association, and the American Psychopathological Association. [http://en.wikipedia.org/wiki/Milton_H._Erickson](http://en.wikipedia.org/wiki/Milton_H._Erickson) He felt very strongly that the field of hypnosis should only be allowed to be studied by doctors because of its power.

16 Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p1.

17 Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p1.

18 Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p25 “by communicating indirectly, Dr. Erickson avoids the issue of resistance to a large extent.” “Erickson believed that the unconscious mind was always listening, and that hypnosis could be used whether the patient was aware of it or completely oblivious to the fact that a hypnotic technique was being used. Erickson would see if the patient would respond to one or another kind of indirect suggestion, and allow the unconscious mind to actively participate in the therapeutic process. In this way, what seemed like a normal conversation might induce a hypnotic trance, or a therapeutic change in the subject. Andre M. Weitzenhoffer (1976) Introduction/forward in Hypnotic Realities Erickson & Rossi. It is called conversational hypnosis because the subtleties are slipped into a conversation and the other person would not consciously realize it, while the tactics could have a very real subconscious effect.” [http://en.wikipedia.org/wiki/Milton_H._Erickson](http://en.wikipedia.org/wiki/Milton_H._Erickson)

19 Sometimes the field is called “black-ops” hypnosis.
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and the subject is not aware that it is being used, it is even more powerful than ordinary hypnosis. Since the conscious mind is not even aware of the messages being sent, conscious scrutiny and resistance is eliminated.20 The subject cannot even question the messages being sent – they are simply implanted by the hypnotist as the subject’s most fundamental beliefs. Then, even the subject’s own rational mind cannot overpower them.

Bypassing the dominant hemisphere’s rational judgment (“critical factor”)

The critical factor is the part of the mind that logically analyzes and scrutinizes all information like a filter, and decides what information is allowed to pass into your subconscious mind and become part of what your mind accepts as unquestionably true, like your deepest and most powerful emotions, drives, and instincts.21 It is the primary cognitive defense that usually stops all information and rationally analyzes it, whether consciously or unconsciously. It keeps your computer-like subconscious mind from literally believing that you are a chicken when someone calls you a “chicken”, and keeps you from literally believing that you are a square (box) when somebody calls you a “square”, and keeps you from literally believing you are a (snow or cereal) flake when somebody calls you a “flake.” You don’t consciously ponder it when someone calls you a chicken, your critical factor stops that information below the level of awareness.

The critical factor is the cognitive function best analogized to a security guard (critical factor) who searches every person (information) entering into a nightclub looking for weapons. (and stops all information that is questionable)22 The critical factor stops all information and allows your thinking and rationality to determine whether it is acceptable to the subconscious mind or not.

Hypnosis uses language patterns, visual tricks, body language, voice, tone, and other aspects of communication to get “suggestions” past the critical factor part of the brain and directly into the listener’s subconscious.23 This is wonderful if the command is to be free of a phobia, or quit smoking. The reason hypnosis is used for such psychological change, is that the critical factor allows in only what it accepts as true. Without bypassing the smoker’s critical factor, a smoker has a difficult time quitting because they have a difficult time accepting as absolutely true the information that they are a nonsmoker, because their critical factor and conscious mind knows differently and doesn’t let the information through.

How one might simplify this point, is, in normal everyday life, calling someone a “chicken” will not cause them to literally believe they are a chicken and act like one. This is because the critical factor stops this information from passing into the subconscious. So how can a hypnotist get a subject to cluck like a chicken believing they are one? The hypnotist knows how to get the hypnotic suggestion that the subject is a chicken past the critical factor part of the consciousness, and get the subconscious mind to accept it as unquestionably true.

20 Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p25 – “by communicating indirectly, he avoids the issue of resistance to a large extent.”
21 Killer Influence Secrets of Covert Hypnosis, by David X, Part 1 David X’s educational video, “How to Hypnotize with Covert Hypnosis and Hypnotic Language” See video online, such as at: http://www.revver.com/video/834827/how-to-hypnotize-with-covert-hypnosis-and-hypnotic-language/
22 Analogy used in The Power of Conversational Hypnosis, Clifford Mee and Igor Ledochowski
23 Patterns of the Hypnotic Techniques of Milton H. Erickson, M.D. Volume 1, p129 “voice, tone, body movement” in addition to the linguistic aspects.
PART 2 – WHAT OBAMA IS ACTUALLY DOING

Obama’s actions are far more deceptive than simply lying

If used by a politician and discovered, such hypnosis technique, if understood as it should be, to be the height of manipulation and deception, would destroy a politician’s career. There is no other way to view such a politician other than disturbingly and disqualifyingly deceptive, someone whom we apparently know very little about, and cannot trust, who has been continually hiding something from us and manipulating us. To see a politician continue to perform a multitude of hundreds of deceptive acts, which he knows about but we are meant not to know about, that affect our judgment and mental processes, and that manipulate us in ways we are not even aware of, all the while thinking he is clever enough to get away with it until he finally gets caught, is the height of immoral deception. It is perhaps the biggest fraud and deception in American history.

Most of our beliefs come to us from our own rational judgment and conscious analysis of the world. For example, we know it good to wake up in the morning and do something because we rationally know the consequences of staying in bed all day. When we like people, it is usually due to a combination of our rational judgment and how that person naturally makes us feel about them. We try to make people like us more by following social norms, making people feel good, smiling, and so on.

However, a very small percentage of the population actually study subconscious manipulation of not only how people feel about them, but how to manipulate and alter the beliefs we usually come to by our rational judgment, reason, and experience. These people study specifically how to sideline this rational judgment, reason, and experience, and natural feelings, and bend people’s feelings and will through the application of this branch of psychiatry to their interactions.

Obama is an expert at this type of artificial manipulation. His ability to convince rationally and any natural “charm” is only part of how a person feels about Obama. The rest is deceptive subconscious manipulation. His tactics are deceptive because he has mastered the science and art of lowering the effects of the rational scrutiny parts of the mind through his speaking, actions, and presentation. He gets you to believe not by convincing you rationally until you decide to believe it, but by knowing how to say to your subconscious mind literally the words that “you believe” in a way that your subconscious mind will simply accept the message and believe without having rationally decided to believe. He knows how to say to your subconscious mind that it “chose” (Obama) even when it hasn’t, in a way that you will believe that you have chosen. He understands subconscious manipulation enough to know how to talk about families, and your children, and John F. Kennedy, and conjure up feelings within you from speaking in certain rhythmic and unnaturally slow tempos, and then subconsciously transfer the emotions he conjures up onto him, such as with hand gestures or hidden content in language. You genuinely walk away from him feeling warm, and viewing him as a JFK, except it is artificial. He knows how to say one thing, but have your subconscious mind ultra-powerfully receive a different message and feeling than you are aware of. He is actually implanting feelings and emotions into your subconscious. They feel like your own. Rationally he is an unaccomplished man with shady connections, but you are tricked into feelings about him that overpower

24 Also distinguished, are common political tactics. Such tactics, like making sure there is a Presidential podium in front of you, and American flags behind you to make you look Presidential. While they send messages, they are not analogous to the deceptive and unprecedented hypnosis used by Obama that is the focus of this document.